

PRELIMINARY PROGRAM

RURAL PSYCHIATRY- ROAD LEAST TRAVELLED

18 September 2009 (Friday)	18.00-19.00	Registration
	19.00	Entertainment- Cultural Show and Dinner
19 September 2009 (Saturday)	08.30-10.30	Meeting
	10.30-11.00	Tea
	11.00 – 13.00	Meeting
	13.00 – 14.00	Lunch
	14.00 – 18.00	Trip to Karkala & Moodabidri (Jain temples and a 42' high statue carved in a single stone)
	19.00	Conference Dinner
20 September 2009 (Sunday)	08.30- 10.30	Meeting
	10.30 – 11.00	Tea
	11.00 – 13.00	Meeting
	13.00 – 14.00	Lunch
	14.00 – 16.00	Meeting
	16.00 – 16.30	Closing Ceremony
	16.30 – 19.30	Free Time
	19.30	Dinner

For overseas delegates coming to Mangalore, it is best to fly into Mumbai or Bangalore and then get a connecting flight to Mangalore.

Kingfisher Airlines and Jet Airways fly from Mumbai/Bangalore to Mangalore– flight time is about one hour.

Kingfisher Airlines: <http://www.flykingfisher.com/welcome.aspx>

Jet Airways : <http://www.jetairways.com/>

Please let us know which flights you will be taking as transfers from Mangalore airport to Nitte will be provided – approx one hour by road

Complimentary meals and accommodation for overseas delegates will be kindly provided free of charge by Nitte Education Trust at Nitte.

POST CONFERENCE TOUR TO COCHIN (KOCHI):

On Monday 21st September 2009 leave Nitte at 8.00am by rented coach or mini bus depending on the number of delegates interested to attend the Cochin (Kochi) (Kerala State) Conference – “International Review of Bipolar Disorder”. <http://www.irbd.org/>

Delegates not attending Cochin (Kochi) conference can fly back to Bangalore or Mumbai. Transfers will be provided from Nitte to Mangalore airport.

The tour will include travel through Mangalore, visit KSHEMA hospital, Kasargod, Kannur, Mahe, Allepy, Wynad, Kozhikode, Guruvoyur, and Ernakulum.

Stay overnight in a house boat on our way to Kochi and if possible in a tree top house.

Reach Cochin (Kochi) on 25 September 2009 (Friday)

Conference in Cochin (Kochi) - 25, 26, and 27 of September.

Fly to Mumbai/Bangalore from Cochin (Kochi) for return flight home.

A finalized program will be provided after the exact number of people attending the Nitte and Kochi conference is determined.